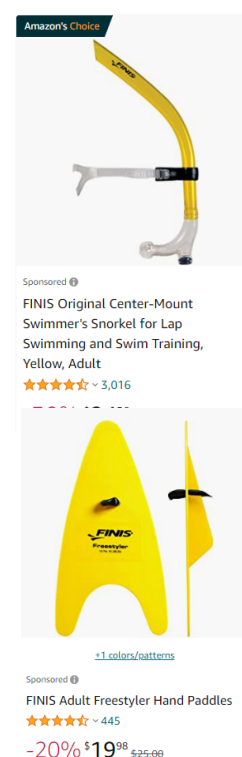
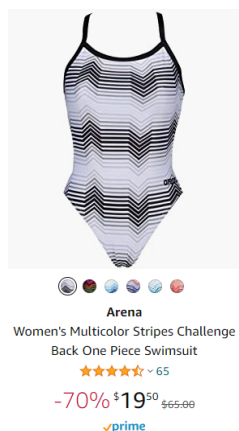
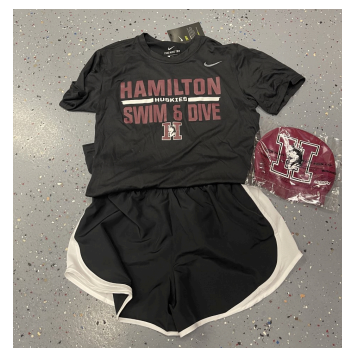


Swimming Academy Required Materials & Supplies

- **One piece COMPETITIVE swimsuit for girls; jammers or drag swim suit for boys.** **BIG 5 sporting goods** always has good deals. When trying them on, they should be VERY TIGHT. They stretch very quickly.
- **Academy dry land uniform** \$50 – purchased at Hamilton Bookstore. Must be the black Nike shorts and swim academy black shirt. NO EXCEPTIONS!!!
- **Hamilton Swim Academy Cap** & 7 – this is a swim cap purchased at the bookstore and must be worn when in the pool (Boys – if the hair is cut short, do not need to wear a swim cap).
- **Finis Swim Snorkel** - [Amazon.com : FINIS Original Center-Mount Swimmer's Snorkel for Lap Swimming and Swim Training, Yellow, Adult](https://www.amazon.com/Finis-Original-Center-Mount-Swimmer's-Snorkel-for-Lap-Swimming-and-Swim-Training-Yellow-Adult/dp/B00005LW01)
- **Yellow finis swim paddles** - Adult size. The juniors are too small. - [Amazon.com: FINIS Adult Freestyler Hand Paddles](https://www.amazon.com/Finis-Adult-Freestyler-Hand-Paddles/dp/B00005LW01)
- **Athletic shoes** – No Vans or converse allowed. Good shoes will allow the athlete to move comfortably and avoid injuries.
- **Goggles** – several pairs (speedo vanquishers are a good, reliable goggle). Have a back-up pair. [Amazon.com : Speedo Unisex-Adult Swim Goggles Mirrored Vanquisher 2.0](https://www.amazon.com/Speedo-Unisex-Adult-Swim-Goggles-Mirrored-Vanquisher-2.0/dp/B00005LW01)
- **WATER BOTTLE** – THIS IS MANDATORY



It is recommended that you have an extra pair of goggles and an extra cap in case they break or tear.